

TIDALWAVES 2010

REGULAR PRACTICE GROUP TIMES

NOV 1	5:35 - 6:00 PM
NOV 1+	5:35 - 6:05 PM
NOV 1-2	5:35 - 6:10 PM
NOV 2	6:10 - 6:50 PM
NOV 2-3	6:10 - 6:50 PM
NOV 3	6:05 - 6:50 PM
NOV 4	6:55 - 7:55 PM
PRE-INT	6:55 - 7:55 PM
INT / ADV	6:45 - 8:00 PM

ALTERNATE PRACTICE GROUP TIMES ON REDWOOD SWIM MEET DAYS

Redwood swim team has home meets on
Fri March 19th
Fri March 26th
Thurs, April 1st
Thurs April 8th
Tues April 27th
Fri May 7th

and we start practice 1/2 hour later on these days. Following
is TW's Redwood meet day practice schedule:

NOV 1	6:05 - 6:25 PM
NOV 1+	6:05 - 6:25 PM
NOV 1-2	6:05 - 6:30 PM
NOV 2	6:40 - 7:05 PM
NOV 2-3	6:40 - 7:05 PM
NOV 3	6:35 - 7:05 PM
NOV 4	7:05 - 8:00 PM
PRE-INT	7:05 - 8:00 PM
INT / ADV	7:05 - 8:00 PM