

## Tidalwaves 2009

Athletes Achieving Best Times

MEET: Orcas @ Tidalwaves

6/27/2009

(P=Prelim, F=Final)		TIME	IMPROVEMENT		TIME	IMPROVEMENT
	<b>Kotone Berreman</b>	<b>GIRLS 8&amp;UN</b>		11	25 BACKSTROKE	F :26.61 (-0.45)
9	100 INDIV. MEDLEY	F	2:14.50		<b>Mary Tarantino</b>	<b>GIRLS 8&amp;UN</b>
	<b>Jemima Dominguez</b>	<b>GIRLS 8&amp;UN</b>		4	25 BUTTERFLY	F :23.73 (-0.86)
3	25 BACKSTROKE	F	1pt :23.53 (-1.31)		<b>Kristin Tong</b>	<b>GIRLS 8&amp;UN</b>
	<b>Julianna Eaton</b>	<b>GIRLS 8&amp;UN</b>		9	25 FREESTYLE	F :20.65 (-0.30)
5	25 FREESTYLE	F	:20.02 (-0.50)	6	100 INDIV. MEDLEY	F 2:01.60 (-2.29)
11	25 BUTTERFLY	F	:27.94		<b>Amanda Weitenhagen</b>	<b>GIRLS 8&amp;UN</b>
	<b>Mia Etem</b>	<b>GIRLS 8&amp;UN</b>		2	25 FREESTYLE	F 3pt :17.64* (-0.10)
6	25 FREESTYLE	F	:20.33 (-2.28)	1	100 INDIV. MEDLEY	F 5pt 1:45.14*
4	100 INDIV. MEDLEY	F	1:57.30 (-1.83)		<b>Lauren Birnbaum</b>	<b>GIRLS 9-10</b>
	<b>Alexandra Fister</b>	<b>GIRLS 8&amp;UN</b>		14	50 BREASTSTROKE	F :54.11 (-2.35)
32	25 BACKSTROKE	F	:48.42 (-4.32)		<b>Olivia Dominguez</b>	<b>GIRLS 9-10</b>
	<b>Talia Fleischman</b>	<b>GIRLS 8&amp;UN</b>		8	50 FREESTYLE	F :37.72 (-0.77)
1	25 BACKSTROKE	F	5pt :22.36* (-0.19)		<b>Shannon Farney</b>	<b>GIRLS 9-10</b>
5	100 INDIV. MEDLEY	F	2:00.03 (-1.07)	15	50 FREESTYLE	F :39.23 (-0.23)
	<b>Tiyona Ford</b>	<b>GIRLS 8&amp;UN</b>		9	50 BACKSTROKE	F :45.85 (-2.89)
17	25 FREESTYLE	F	:22.99 (-0.84)		<b>Annie Forsman</b>	<b>GIRLS 9-10</b>
23	25 BACKSTROKE	F	:32.41 (-0.10)	6	50 BACKSTROKE	F :45.52 (-0.09)
	<b>Cate Gorski</b>	<b>GIRLS 8&amp;UN</b>			<b>Chloe Fung</b>	<b>GIRLS 9-10</b>
23	25 FREESTYLE	F	:24.94 (-1.96)	4	50 FREESTYLE	F :36.08 (-1.83)
	<b>Lily Harding</b>	<b>GIRLS 8&amp;UN</b>			<b>Ellie Gerson</b>	<b>GIRLS 9-10</b>
29	25 FREESTYLE	F	:28.40 (-2.08)	31	50 BREASTSTROKE	F :44.92*
16	25 BUTTERFLY	F	:31.99		<b>Ana Gorski</b>	<b>GIRLS 9-10</b>
	<b>Natalie Love</b>	<b>GIRLS 8&amp;UN</b>		25	50 FREESTYLE	F :41.92 (-0.88)
28	25 FREESTYLE	F	:28.18 (-0.08)	10	50 BREASTSTROKE	F :50.00 (-0.73)
	<b>Maddie Lowe</b>	<b>GIRLS 8&amp;UN</b>		18	100 INDIV. MEDLEY	F 1:49.00 (-2.62)
20	25 BACKSTROKE	F	:31.29 (-0.59)		<b>Emily Johnson</b>	<b>GIRLS 9-10</b>
	<b>Madi Masterson</b>	<b>GIRLS 8&amp;UN</b>		16	50 FREESTYLE	F :40.11 (-0.13)
35	25 FREESTYLE	F	:34.04 (-1.54)	8	50 BUTTERFLY	F :47.41 (-1.40)
31	25 BACKSTROKE	F	:43.46 (-0.04)	12	100 INDIV. MEDLEY	F 1:44.83 (-0.80)
	<b>Carmen Monroe Watts</b>	<b>GIRLS 8&amp;UN</b>			<b>Katie Joyce</b>	<b>GIRLS 9-10</b>
6	25 BREASTSTROKE	F	:30.96 (-0.02)	6	50 FREESTYLE	F :36.94 (-0.65)
	<b>Abigail Peguero</b>	<b>GIRLS 8&amp;UN</b>		4	50 BACKSTROKE	F :44.92 (-0.74)
22	25 FREESTYLE	F	:24.57 (-1.98)		<b>Shannon Joyce</b>	<b>GIRLS 9-10</b>
9	25 BREASTSTROKE	F	:34.37 (-2.80)	23	100 INDIV. MEDLEY	F 1:55.60 (-2.46)
	<b>Marisa Phipps</b>	<b>GIRLS 8&amp;UN</b>			<b>Kellie Lawler</b>	<b>GIRLS 9-10</b>
7	25 BACKSTROKE	F	:25.43 (-0.41)	31	50 FREESTYLE	F :45.89 (-2.90)
	<b>Amelia Shunk</b>	<b>GIRLS 8&amp;UN</b>		25	50 BACKSTROKE	F :55.97 (-6.78)
4	25 FREESTYLE	F	:19.64 (-1.25)		<b>Caroline Love</b>	<b>GIRLS 9-10</b>
	<b>Ella Spaethling</b>	<b>GIRLS 8&amp;UN</b>		2	50 FREESTYLE	F 3pt :35.25 (-0.98)
8	25 BUTTERFLY	F	:26.08 (-0.48)		<b>Courtney Morris</b>	<b>GIRLS 9-10</b>
	<b>Nicole Strub</b>	<b>GIRLS 8&amp;UN</b>		15	100 INDIV. MEDLEY	F 1:47.44 (-0.66)
16	25 FREESTYLE	F	:22.76 (-0.68)		<b>Glennis Murphy</b>	<b>GIRLS 9-10</b>
	<b>Aisling Swayne</b>	<b>GIRLS 8&amp;UN</b>		3	50 BACKSTROKE	F :43.79

## Tidalwaves 2009

*Athletes Achieving Best Times*      **MEET:**      Orcas @ Tidalwaves      6/27/2009

		<i>(P=Prelim, F=Final)</i>		<i>TIME</i>	<i>IMPROVEMENT</i>			<i>TIME</i>	<i>IMPROVEMENT</i>		
<b>Jenna Neustaetter</b>				<b>GIRLS 9-10</b>		<b>Dominique Cruz</b>					
1	50 FREESTYLE	F	5pt	:33.48*	(-1.32)	33	50 FREESTYLE	F	:43.86	(-0.05)	
2	100 INDIV. MEDLEY	F	3pt	1:33.12	(-2.64)	11	50 BUTTERFLY	F	1:01.19		
<b>Colette O'Connell-Ph</b>				<b>GIRLS 9-10</b>		<b>Max Devaux</b>					
38	50 FREESTYLE	F		:53.31	(-1.55)	21	50 BACKSTROKE	F	:50.46	(-0.37)	
34	50 BACKSTROKE	F		1:04.11	(-2.41)	20	100 INDIV. MEDLEY	F	1:53.83		
<b>Jocelyn Overmyer</b>				<b>GIRLS 9-10</b>		<b>Grace Dougherty</b>					
11	50 BUTTERFLY	F		:50.95	(-0.05)	14	50 BACKSTROKE	F	:43.18	(-2.01)	
11	100 INDIV. MEDLEY	F		1:43.93	(-3.47)	7	100 INDIV. MEDLEY	F	1:27.20	(-1.80)	
<b>Jordan Overmyer</b>				<b>GIRLS 9-10</b>		<b>Mikayla Durtschi</b>					
12	50 FREESTYLE	F		:38.78	(-1.06)	15	50 FREESTYLE	F	:34.59	(-0.09)	
11	50 BACKSTROKE	F		:47.02	(-3.25)	16	50 BREASTSTROKE	F	:45.81		
22	100 INDIV. MEDLEY	F		1:53.13	(-5.66)	<b>Tia Fung</b>					
<b>Jackie Ring</b>				<b>GIRLS 9-10</b>		3	50 FREESTYLE	F	1pt	:29.58*	(-0.43)
42	50 FREESTYLE	F		:56.25	(-4.93)	5	50 BACKSTROKE	F	:36.70*	(-0.96)	
35	50 BACKSTROKE	F		1:04.70	(-1.00)	<b>Mia Glenn-Schuster</b>					
<b>Heidi Roenisch</b>				<b>GIRLS 9-10</b>		27	50 FREESTYLE	F	:39.18	(-0.00)	
2	50 BACKSTROKE	F	3pt	:43.19	(-0.52)	<b>Lizzy Hemann</b>					
<b>Aviva Schiff</b>				<b>GIRLS 9-10</b>		11	50 BACKSTROKE	F	:40.33		
28	100 INDIV. MEDLEY	F		2:14.85		<b>Sarah Herzer</b>					
<b>Audrey Smith</b>				<b>GIRLS 9-10</b>		8	50 BREASTSTROKE	F	:46.18	(-0.25)	
23	50 FREESTYLE	F		:41.60	(-2.01)	<b>Samantha McEvoy</b>					
<b>Risa Trauner</b>				<b>GIRLS 9-10</b>		9	100 INDIV. MEDLEY	F	1:29.74	(-1.98)	
22	50 BREASTSTROKE	F		1:10.00	(-3.53)	<b>Alexandra Merigian</b>					
<b>Alazais Walters</b>				<b>GIRLS 9-10</b>		19	50 FREESTYLE	F	:35.13	(-0.20)	
22	50 BACKSTROKE	F		:55.75	(-0.95)	<b>Nicole Nevitt</b>					
24	100 INDIV. MEDLEY	F		2:03.17	(-12.87)	2	50 FREESTYLE	F	3pt	:29.30*	(-0.08)
<b>Sophia Bagshaw</b>				<b>GIRLS 11-12</b>		3	100 INDIV. MEDLEY	F	1pt	1:12.95*	(-1.96)
14	100 INDIV. MEDLEY	F		1:34.73	(-1.74)	<b>Christina Nordrum</b>					
<b>Delaney Benstead</b>				<b>GIRLS 11-12</b>		18	50 BACKSTROKE	F	:47.95	(-0.01)	
25	50 FREESTYLE	F		:38.90	(-1.99)	10	50 BUTTERFLY	F	:45.86		
19	50 BACKSTROKE	F		:49.42	(-1.16)	<b>Robby Revel</b>					
<b>Taylor Benstead</b>				<b>GIRLS 11-12</b>		34	50 FREESTYLE	F	1:18.00	(-6.14)	
8	50 FREESTYLE	F		:32.25	(-0.41)	<b>Megan Rios</b>					
<b>Sarah Birnbaum</b>				<b>GIRLS 11-12</b>		37	50 FREESTYLE	F	:28.06*	(-0.47)	
7	50 BUTTERFLY	F		:39.97	(-0.14)	1	100 INDIV. MEDLEY	F	5pt	1:10.61*	(-0.29)
<b>Ashley Carey</b>				<b>GIRLS 11-12</b>		<b>Maria Saltveit</b>					
30	50 FREESTYLE	F		:40.68	(-0.69)	15	100 INDIV. MEDLEY	F	1:36.32	(-2.04)	
<b>Carina Casissa</b>				<b>GIRLS 11-12</b>		<b>Adelaide Shunk</b>					
31	50 FREESTYLE	F		:42.17	(-3.20)	21	50 FREESTYLE	F	:35.58	(-0.58)	
13	50 BREASTSTROKE	F		:55.84	(-4.75)	<b>Summer Sinnett</b>					
<b>Meghan Coyle</b>				<b>GIRLS 11-12</b>		4	50 FREESTYLE	F	:30.80	(-0.81)	
23	50 FREESTYLE	F		:36.62	(-0.38)	3	50 BACKSTROKE	F	1pt	:35.31*	(-0.30)
12	100 INDIV. MEDLEY	F		1:32.90	(-2.74)	2	50 BUTTERFLY	F	3pt	:31.51*	(-0.74)

## Tidalwaves 2009

*Athletes Achieving Best Times*

MEET: Orcas @ Tidalwaves

6/27/2009

(P=Prelim, F=Final)			<i>TIME</i>	<i>IMPROVEMENT</i>		<i>TIME</i>	<i>IMPROVEMENT</i>
		<b>Mackenzie Stein</b>	<b>GIRLS 11-12</b>				
13	50 FREESTYLE	F	:34.30	(-0.04)			
13	100 INDIV. MEDLEY	F	1:32.97	(-0.40)			
		<b>Alexa Addleman</b>	<b>GIRLS 13-14</b>				
11	50 FREESTYLE	F	:31.14	(-1.26)			
5	50 BUTTERFLY	F	:33.58	(-1.67)			
11	100 INDIV. MEDLEY	F	1:22.65	(-3.09)			
		<b>Lizzie Ahern</b>	<b>GIRLS 13-14</b>				
5	50 FREESTYLE	F	:28.91	(-0.74)			
		<b>Nicole Durtschi</b>	<b>GIRLS 13-14</b>				
19	50 FREESTYLE	F	:33.89	(-0.57)			
14	100 INDIV. MEDLEY	F	1:30.21	(-2.30)			
		<b>Katie Gill</b>	<b>GIRLS 13-14</b>				
17	50 BUTTERFLY	F	:37.19				
		<b>Kayla Kaufman</b>	<b>GIRLS 13-14</b>				
13	50 BUTTERFLY	F	:43.34	(-1.48)			
		<b>Emmy Leitzell</b>	<b>GIRLS 13-14</b>				
2	50 FREESTYLE	F	3pt :27.58*	(-0.71)			
		<b>Josephine Nordrum</b>	<b>GIRLS 13-14</b>				
4	50 FREESTYLE	F	:28.82	(-0.08)			
1	50 BACKSTROKE	F	5pt :32.55*	(-0.45)			
16	50 BUTTERFLY	F	:31.12*				
2	100 INDIV. MEDLEY	F	3pt 1:12.02*	(-0.70)			
		<b>Alyssa Dunne</b>	<b>GIRLS 15-18</b>				
6	100 FREESTYLE	F	1:05.35*	(-0.55)			
4	100 INDIV. MEDLEY	F	1:12.89*	(-0.61)			
		<b>Colette Kolenda</b>	<b>GIRLS 15-18</b>				
3	50 BACKSTROKE	F	1pt :33.97*	(-0.10)			
2	50 BREASTSTROKE	F	3pt :35.77*	(-0.67)			
7	100 INDIV. MEDLEY	F	1:18.93	(-1.81)			
		<b>Melissa Matulic</b>	<b>GIRLS 15-18</b>				
8	100 FREESTYLE	F	1:11.58	(-0.18)			
11	50 BACKSTROKE	F	:38.73	(-0.70)			