



## **TIDALWAVES 2009 Triple Winners**

Congratulations to the following swimmers who won all three of their individual events at the following meets this season:

### **Lucas Valley @ Tidalwaves – May 9<sup>th</sup>**

**Griffin Burke** (Boys 11-12) – backstroke, butterfly, IM  
**Jason Morris** (Boys 8&Under) 25 back, 25 breast, 100 IM  
**Megan Rios** (Girls 11-12) 50 back, 50 breast, 100 IM

### **Tidalwaves @ Marinwood Waterdevils – May 16<sup>th</sup>**

**Jason Morris** (Boys 8&Under) 25 free, 25 fly, 100 IM  
**Connor Nevitt** (Boys 13-14) 50 free, 50 back, 50 fly  
**Megan Rios** (Girls 11-12) 50 back, 50 breast, 100 IM

### **Tidalwaves @ Strawberry Seals – May 30<sup>th</sup>**

**Griffin Burke** (Boys 11-12) – 50 freestyle, 50 butterfly, 100 IM  
**Sammy McDonough** (Girls 13-14) 50 free, 50 fly, 100 IM  
**Jason Morris** (Boys 8&Under) 25 free, 25 breast, 100 IM  
**Connor Nevitt** (Boys 13-14) 50 back, 50 butterfly, 100 IM

### **Tidalwaves @ Swimarín – June 6<sup>th</sup>**

**Sammy McDonough** (Girls 13-14) 50 free, 50 fly, 100 IM  
**Megan Rios** (Girls 11-12) 50 back, 50 breast, 100 IM

### **Rolling Hills @ Tidalwaves – June 13<sup>th</sup>**

**Sammy McDonough** (Girls 13-14) 50 free, 50 fly, 100 IM  
**Megan Rios** (Girls 11-12) 50 back, 50 breast, 100 IM

### **Orcas @ Tidalwaves – June 27<sup>th</sup>**

**Ellie Gerson** (Girls 9-10) WAVE 50 back, 50 fly, 100 IM  
**Sammy McDonough** (Girls 13-14) WAVE 50 free, 50 fly, 100 IM  
**Jason Morris** (Boys 8-and-under) WAVE 25 free, 25 breast, 100 IM  
**Ryan Schoenlein** (Boys 9-10) WAVE 50 free, 50 back, 50 fly